



MINDSETPRO[®] UK

ROSS McWILLIAM

MINDSET SKILLS FOR PROFESSIONAL DEVELOPMENT

MindsetPro is Ross McWilliam's flagship programme for individuals, teams, and organisations — delivering tailored training, speaking engagements, and mindset development to bring out the best in people. Its creator, Ross McWilliam has worked with people and organizations for over 40 years and is accredited by MHFA England and CPD standards. The central pillar in MindsetPro training is that people need to be listened to, understood and safely cared for. This builds trust, respect and connectivity, which are all key components for growth.

THE MINDSETPRO COACHING PLAYBOOK

Break through to the next level with The MindsetPro Coaching Playbook

Are you feeling stuck in your professional journey - like you're capable of more, but unsure how to move forward?

The MindsetPro Coaching Playbook is your next step. Created by mindset specialist Ross McWilliam, this 100-page interactive coaching tool is designed to identify, interrogate, and polish the key areas that shape performance and success. It begins with a performance audit to benchmark your current mindset, skills, and behaviours, followed by a personalised journey through the pillars that matter most to you.

Topics explored include:

- Self-belief, values, personal drivers and barriers
- Leadership and Power Communication
- Mental Toughness and Smart Resilience
- Holistic Visualisation and Applied Mindset Tools
- Reflection, Feedforwarding, and Metacognition

You'll work 1:1 with Ross in a safe, structured, and supportive coaching environment - gently uncovering what's holding you back and building the clarity, confidence, and strategy to move forward.

AVAILABLE
FACE-TO-FACE & ONLINE



Ross McWilliam
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BOOK NOW

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